



# Faith in Families

A project of Lighthouse Youth and Family Services

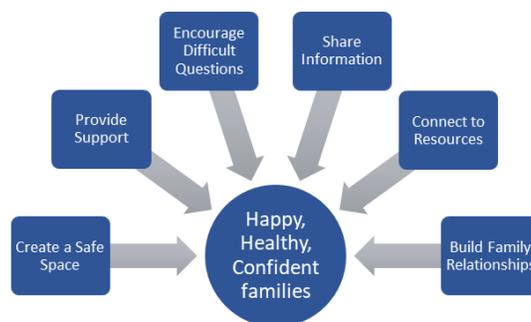
## Has your child told you they're gay or transgender? Not sure how to handle the news?

When you find out your child is lesbian, gay, bisexual or transgender, it can put a strain on the entire family. You might experience a range of emotions including confusion, anger, surprise, grief, guilt, and disappointment. You may be feeling concerned for your child's present or future well-being. You could even be wondering why this happened and if you did something wrong. You are not alone, many families go through this. Some find this time to be slightly challenging, a mere bump in the road. Others, though, find it the most challenging thing they've had to face as a family—more like climbing a mountain. As challenging as it may seem, there is a path to peace and reconciliation.

## How Can Lighthouse Help?

Whether you just found out or have known for years, if your family is struggling, we want to be there for you. Lighthouse Youth and Family Services can provide support and guidance as you and your family learn to navigate this new family dynamic. Services include:

- A judgment free and confidential place to get support
- Respect for faith and family values
- Programs for parents, foster parents and other caregivers
- Family support to improve communication and reduce family conflict
- Referrals to other supports



## Join Us for a Free Program

Faith in Families is a four hour program for parents and other adult caregivers to receive support and information when their child comes out as lesbian, gay, bisexual or transgender. The program offers an opportunity to address worries and concerns and have questions answered by professional staff. Family members can expect a confidential and respectful experience. All families, regardless of belief or background, are welcome. **The program is free and lunch is provided.**

### Upcoming Program Dates

March 2      April 6      May 11      June 1

July 20    August 24    September 21    October 19    November 16

All **Faith in Families** classes are on Saturdays from 10:00 am—2:00 pm at Lighthouse Youth and Family Services, 401 East McMillan, Cincinnati, Ohio 45206. Lunch is provided. Lunch includes a special presentation and panel discussion for families with religious questions facilitated by our partners at LOVEboldly.

For more information or to register contact:

FaithinFamilies@lys.org or go to Eventbrite.com and search for "Faith in Families."

